

Farmhouse Foodie

Below is a list of our products and their ingredients. If a product is fully vegan, this will be denoted on the website next to the product description. If a product in this list says "Vegan Option", this option will obviously not include any of the milk-based ingredients listed (which are often optional toppings). We try to keep this list up-to-date; however, if you have any concerns over a particular product, you can always email us for further clarification. Email: farmhousefoodie62@gmail.com

Products

Apple and sage cake

Apples, **flour (wheat)**, orange juice, brown sugar, **butter**, **eggs**, **almond** powder, sage leaves, baking powder, **almond** extract, vanilla extract

Apple and salted caramel tarte

Sweet pastry*, apple, **butter**, brown sugar, **crème** fraiche, dark chocolate, glucose syrup, salt, romarin

Apple crumble

Fruit as in description, sugar, **wheat** flour, **oats**, **butter**, ginger

Blackberry Vinaigrette

Mustard, Blackberry vinegar, Sunflower Oil, Algarve syrup, salt, pepper

Braised chard with garlic yoghurt dressing

Chard, greek **yoghurt**, mayonnaise with **mustard***, garlic, lemon juice, cider vinegar, **mustard**, vegetable stock*, lemon confit, salt, pepper

Braised endives

Endive, peach, sunflower oil, cider vinegar, **mustard**, vegetable stock*, lemon confit, salt, pepper

Braised endives with bechamel sauce

Potato, endives, **egg**, **milk**, emmenthal **cheese**, **parmesan**, **wheat** flour, **butter**, vegetable stock*, lemon confit, salt, pepper

Braised red cabbage with apples and raisins (served on rice)

Red cabbage, apple, onion, raisons, **butter**, olive oil, garlic, algarve syrup, vegetable stock*, red wine, spices

Brandy butter

Butter, sugar, brandy, vanilla

Broccoli, sundried tomato and cheddar quiche

Pastry*, broccoli, **milk**, **egg**, cheddar, sundried tomato, salt, pepper

Butternut soup

Butternut, **cream**, **butter**, vegetable stock*, salt, pepper

Butternut, sage and feta quiche

Pastry*, butternut, **milk**, **egg**, **feta**, sage, salt, pepper

Caramelised onion tart with savoury crumble topping

Pastry*, onions, olive oil, **oats**, flour, **butter**, **parmesan**, **mustard**, fresh herbs, salt, pepper

Carrot and apple salad

Apple, carrots, sunflower seeds, **garlic and tarragon mayonnaise*** (variations with radish, fennel or **celery** - will be described in the item heading)

Carrot cake

Wheat flour, sugar, brown sugar, carrots, **cream cheese**, sunflower oil, **eggs**, **walnuts**, **butter**, cornflour, baking soda, cinnamon, vanilla, salt

Carrot salad with toasted sesame seeds

Carrot, olive oil, cider vinegar, **tahini**, algarve syrup, **mustard**, **sesame** seeds, fresh herbs

Chana Masala - Chickpea curry (vegan option)

Chickpeas, rice, tomatoes, garlic, olive oil, garlic, spices, greek **yoghurt** (optional)

Chard and feta quiche

Pastry*, chard, **milk**, **egg**, **feta**, vegetable stock*, salt, pepper

Cherry tomato salad

Tomatoes, fresh herbs, blackberry vinaigrette*

Chestnut soup

Olive oil, onion, carrot, garlic, chestnuts, vegetable stock, **cream**, thyme, bay leaf, nutmeg, salt, pepper

Chocolate & plum cake (in a jar)

Flour (wheat), plums, **butter**, sugar, **eggs**, **almond** powder, dark chocolate*, baking powder

Chocolate cake (in a jar)

Wheat flour, sugar, unsweetened cocoa powder, baking powder, baking soda, salt, espresso coffee, **milk**, sunflower oil, **eggs**, vanilla

Chocolate tart

Sweet pastry*, **crème** fraiche, **milk**, dark chocolate*, **egg**

Clafoutis

Fruit as in description, flour (**wheat**), sugar, **milk**, **butter**, **eggs**, vanilla

Cobbler

Fruit as in description, flour (**wheat**), sugar, **milk**, **butter**, baking powder, cinnamon, salt

Courgette and carrot salad with toasted sunflower seeds

Courgette, carrot, toasted sunflower seeds, parsley, elderflower vinaigrette*

Courgette and lemon cake

Wheat flour, **Butter**, lemons, sugar, courgette, **eggs**, **mascarpone cheese**, **milk**, thyme, baking powder

Crackers

Whole meal flour (**wheat**), olive oil, salt, mixed herbs and seeds

Creamy tomato chickpeas

Basmati rice, chickpeas, sundried tomatoes, tomatoes, tomato paste, spinach, onion, garlic, chilli, olive oil, **cream**, **parmesan**, vegetable stock*, salt, pepper

Cucumber salad with yoghurt and dill dressing

Cucumber, greek **yoghurt**, dill, chives, salt, pepper

Custard

Egg, **milk**, sugar, cornflour, vanilla, salt

Dark chocolate 'cheesecake' with salted caramel topping

Spéculoos biscuits*, **butter**, **crème** fraiche, **milk**, dark chocolate, brown sugar, **eggs**, glucose syrup, salt

Dog treats

Oat flakes, banana, **peanut butter**

Elderflower Vinaigrette

Mustard, Elderflower vinegar, Sunflower Oil, Algarve syrup, salt, pepper

Flapjacks with chocolate

Oats, **butter**, sugar, honey, dark chocolate*, mix of dried fruits, nuts and grains

Fruit crumble

Fruit as in description, sugar, **wheat** flour, **oats**, **butter**, ginger

Ginger crunch biscuits

Flour (**wheat**), **butter**, sugar, baking powder, ginger, algarve syrup

Gingerbread men

Flour (**wheat**), **butter**, sugar, **egg**, algarve syrup, baking soda, cinnamon, ginger (plus decorations)

Green bean salad

Green beans, toasted **walnuts**, blackberry vinaigrette*

Green lentil salad

Green lentils, peppers, cucumber, tomatoes, red onion, olive oil, algarve syrup, parsley, mint, capers, lemon, garlic, salt, pepper

Houmous

Chickpeas, **tahini** (**sesame** seeds), garlic, lemon juice, olive oil, salt, cumin

Indian beluga dahl with rice

Rice, beluga lentils, tomatoes, carrots, spinach, onion, garlic, **coconut milk**, vegetable stock*, spices, lime juice, salt, pepper

Kimchi

Chinese cabbage, carrots, spring onions, garlic, rice, sugar, **chilli**

La Soupe Anglaise

Butter, **wheat** flour, **egg**, **milk**, sugar, cornflour, baking powder, vanilla, salt, mixed fruits, vanilla

Leek and mimolette quiche

Pastry*, leeks, **mimolette cheese**, **milk**, **egg**, **butter**, olive oil, salt, pepper

Leek and potato soup

Olive oil, potato, leeks, vegetable stock*, **cream**, garlic, thyme, salt, pepper

Lemon cheesecake

Spéculoos biscuits*, **butter**, **cream cheese**, **crème** fraiche, sugar, **eggs**, lemon, cornflour

Lemon curd

Eggs, **butter**, sugar, lemon

Lemon drizzle cake

Wheat flour, **butter**, **eggs**, sugar, lemons, baking powder

Lentil moussaka

Lentils, aubergines, tomatoes, courgette, onion, tomato paste, **crème** fraiche, emmenthal **cheese**, **parmesan**, garlic, vegetable stock*, balsamic vinegar, fresh herbs, cinnamon powder, brown sugar

Lentil parmentier (vegan option)

Potato, beluga lentils, onion, tomato, carrots, peas, **milk**, tomato paste, olive oil, emmenthal **cheese**, **parmesan**, **butter**, vegetable stock*, salt, pepper. (Vegan option: no **milk** or **butter** in mashed potato, no **cheese** topping).

Macaroni cheese with tomatoes and caramelised onions

Pasta (wheat), **milk**, onion, tomatoes, emmenthal **cheese**, **parmesan**, cheddar, **butter**, olive oil, flour, vegetable stock*, salt, pepper,

Marmalade cake in a jar

Flour (**wheat**), sugar, brown sugar, **butter**, citrus (orange or grapefruit as described), **eggs**, baking powder, baking soda

Maroilles tarte

Pastry*, **maroilles cheese**, **crème** fraiche, **egg**, marjoram, smoked paprika, salt, pepper

Mayonnaise with Basil

Sunflower oil, **egg**, **mustard**, cider vinegar, basil, salt, pepper

Mayonnaise with Chilli

Sunflower oil, **egg**, **mustard**, cider vinegar, chilli paste, salt, pepper

Mayonnaise with Garlic and Tarragon

Sunflower oil, **egg**, **mustard**, cider vinegar, garlic, tarragon, salt, pepper

Mayonnaise with Mustard

Sunflower oil, **egg**, **mustard**, cider vinegar, salt, pepper

Mayonnaise with Wasabi

Sunflower oil, **egg**, **mustard**, wasabi, cider vinegar, salt, pepper

Mince pies

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Mint, lemon and olive oil cake

Sugar, sunflower oil, **milk**, **wheat** flour, mint, lemons, **eggs**, baking powder, baking soda, salt

Moroccan chickpea soup

Olive oil, onion, **celery**, carrot, garlic, tomatoes, tomato paste, red lentils, chickpeas, vegetable stock*, rice, turmeric, cumin, ginger, cinnamon, cayenne pepper, coriander, lemon

Mushroom and leek quiche with Abbaye de Belval cheese

Pastry*, leeks, mushrooms, **milk**, **egg**, **cheese**, olive oil, **butter**, salt, pepper

Mushroom and tarragon quiche

Pastry*, mushroom, shallot, **milk**, **egg**, salt, pepper, tarragon

Mushroom and walnut soup

Olive oil, onion, mushrooms, vegetable stock*, **walnuts**, thyme, salt, pepper

Mushroom stroganoff

Rice, mushrooms, onion, **crème** fraiche, tomato paste, garlic, **mustard**, vegetable stock*, smoked paprika, salt, pepper

Mushroom, tarragon and chestnut tarte

Pastry*, mushroom, shallot, chestnut, garlic, tarragon, salt, pepper

Nettle cake

Wheat flour, sugar, **butter**, **eggs**, Nettle leaves, lemon, vanilla, baking powder, salt

Nettle soup (option vegan)

Olive oil, potato, onions, nettles, garlic, salt, pepper, vegetable stock*, **cream** (optional)

Oatmeal and raisin cookies

Flour (**wheat**), sugar, brown sugar, **butter**, **oats**, raisins, **eggs**, baking soda, baking powder, salt, vanilla

Onion jam

Onion, sugar, olive oil, cider vinegar, balsamic vinegar, salt, pepper, chilli

Pain d'epices (vegan)

Almond milk, **rye** flour, **wheat** flour, **almond** powder, sunflower oil, brown sugar, orange, baking powder, cinnamon, star anise, cardamom, cloves, ginger, salt

Pea soup (with mint and chives)

Peas, onion, garlic, fresh herbs, vegetable stock*, olive oil, salt, pepper

Pea, mint and feta quiche

Pastry*, peas, **milk**, **egg**, **feta**, mint, salt, pepper (Optional: smoked trout)

Pesto Pea and Mint

Peas, **almond** powder, mint, olive oil, lemon juice

Pesto Red Pepper and Walnut

Walnuts, **breadcrumbs** (**wheat**), red peppers, tomato puree, olive oil, cumin seeds, date syrup, balsamic vinegar, salt, pepper

Pesto Roasted Carrot

Carrots, olive oil, sunflower seeds, lemon juice, cumin seeds, salt, pepper

Plum and chocolate cake

Flour, plums, **butter**, sugar, **eggs**, **almond** powder, dark chocolate*, baking powder

Potato salad

Potatoes, fresh herbs, garlic and tarragon mayonnaise*

Red cabbage coleslaw

Red cabbage, carrot, red onion, **parmesan**, toasted sunflower seeds, elderflower vinaigrette*

Rhubarb and crème fraiche tart

Sweet pastry*, rhubarbe, **crème** fraiche, sugar, **eggs**, cornflour

Rice pudding

Milk, **cream**, rice, sugar, nutmeg, fruit as in description

Roasted aubergine and lentils (vegan option)

Aubergine, green lentils, tomatoes, tomato paste, onion, garlic, olive oil, balsamic vinegar, **crème** fraiche, **parmesan**, cumin, smoked paprika (hot), cinnamon, parsley, oregano, salt and pepper. (Vegan option, no **crème** or **cheese**. **Walnut** and basil topping)

Roasted carrot and cumin soup

Olive oil, carrot, onion, garlic, vegetable stock*, cumin seed, thyme, coriander, chilli, salt, pepper

Roasted carrot and ginger soup

Olive oil, carrots, garlic, fresh ginger, vegetable stock*, coriander, allspice, salt, pepper

Roasted vegetable tarte with feta and oregano

Pastry*, variety of vegetables (please ask if you are concerned), **feta**, **parmesan**, olive oil, fresh herbs

Salted butter caramel sauce with rosemary

Butter, brown sugar, **crème** fraiche, dark chocolate, glucose syrup, salt, rosmarin

Shortbread

Flour (**wheat**), **butter**, sugar, salt

Smashed potatoes, baked beans, poached egg

Potatoes, baked beans*, **egg**, emmenthal **cheese**, **parmesan**, olive oil, salt, pepper

Spinach, Sundried tomato and goat's cheese quiche

Pastry*, spinach, milk, **egg**, goat's **cheese**, sundried tomato, vegetable stock*, salt, pepper

Strawberry and vanilla cheesecake

Spéculoos biscuits*, **butter**, **cream cheese**, **crème** fraiche, sugar, **eggs**, strawberries, wild strawberries, vanilla

Syrups

Fruit as in description, sugar

Tomato soup (vegan option)

Olive oil, onion, tomatoes, tomato puree, **celery**, garlic, vegetable stock*, **cream** (optional), sugar, salt, pepper, basil, oregano

Vegetable pasta gratin

Pasta (wheat), a varying mix of vegetables (please ask if you are concerned), tomato, onions, tomato paste, fresh herbs, emmenthal **cheese**, **parmesan**, salt, pepper

Common Ingredients

We prepare the majority of our recipes from scratch. However, some recipes call for common and pre-prepared ingredients (some made by us, some shop bought), which are listed here. We aim to make our own pastry, however, sometimes when we are overwhelmed with orders, we have to revert to shop bought.

Blackberry vinaigrette

Mustard, Blackberry vinegar, Sunflower Oil, Algarve syrup, salt, pepper

Dark chocolate

Dark chocolate (sugar, cocoa mass, cocoa **butter**, emulsifier: lecithins (**soy**), vanilla extract)

Elderflower vinaigrette

Mustard, Elderflower vinegar, Sunflower Oil, Algarve syrup, salt, pepper

Mayonnaise with Garlic and Tarragon

Sunflower oil, **egg, mustard**, cider vinegar, garlic, tarragon, salt, pepper

Mayonnaise with Mustard

Sunflower oil, **egg, mustard**, cider vinegar, salt, pepper

Puff pastry (home-made)

Wheat flour, olive oil, salt

Puff pastry (shop bought)

Flour (**wheat**, fermented **wheat**), water, vegetable oils (palm, rapeseed), salt, deactivated yeast). May contain: **milk, soy, mustard**.

Speculoos biscuits

Wheat flour, sugar, palm & colza oil, sugar syrup, bicarbonate of soda, salt, cinnamon

Sweet pastry (home-made)

Flour (**wheat**), **butter**, sugar

Sweet pastry (shop bought)

Flour (**wheat**, fermented **wheat**), **butter**, sugar, water, salt. May contain: **soy, mustard**.

Vegetable stock

Salt, starch, sugar, palm oil, flavouring, based amino acid extract (**wheat**), onion, yeast extract, garlic, clove, colouring (plain caramel). May contain: **eggs, milk, celery, mustard**.